

## Fuse Research Event (face to face)

### How can we give our communities the Best Start in Life?

#### Evaluating South Tyneside's innovative Alliancing approach

Wednesday 12<sup>th</sup> October 2022, 12pm – 4pm

Dalton Suite, [The Customs House, Mill Dam, South Shields NE33 1ES](#)

### PROGRAMME

<b>12.00-12.45</b>	<b>Registration and Lunch</b>
<b>12.45-12.50</b>	<b>Welcome &amp; housekeeping</b> Dr Ruth McGovern
<b>12.50-13.05</b>	<b>Anna Christie, Public Health Knowledge and Intelligence Lead South Tyneside Council</b> Overview of South Tyneside's Best Start in Life Alliance and how the evaluation came about
<b>13.05-13.20</b>	<b>Sam Redgate, Research Associate Population Health Sciences Institute, Newcastle University</b> Using a realist approach to understanding Alliancing
<b>13.20-13.40</b>	<b>Liam Spencer, ARC NENC Mental Health Research Fellow (based at Population Health Sciences Institute, Newcastle University)</b> <i>Mental Health Champions and Young Health Ambassadors</i>
<b>13.40-14.00</b>	<b>Q&amp;A Session</b>
<b>14.00-14.20</b>	<b>Comfort and refreshment break</b>
<b>14.20-14.55</b>	<b>Table Discussion 1</b> Improving the mental health of children and young people in South Tyneside
<b>14.55-15.10</b>	<b>Ruth McGovern, Lecturer in Public Health Research/NIHR Post Doctorate Fellow, Population Health Sciences Institute, Newcastle University</b> Developing a poverty informed approach to preventing mental health risk in disadvantaged children and families
<b>15.10-15.15</b>	<b>Q&amp;A Session</b>
<b>15.15-15.50</b>	<b>Table Discussion 2</b> The development and implementation of family hubs
<b>15.50-16.00</b>	<b>Closing remarks</b>

Find out more about [South Tyneside Best Start in Life Alliance](#)

Tweet about the event using [#FuseRE](#)

Follow Fuse [@fuse online](#)